

SCHOOL PHYSICALS



Save time. Check in online. [XPWELL.com](https://xpwell.com)



XpressWellness
URGENT CARE



Find a Location

will donate **\$5** back to your school
for any school or sports physical!

SCAN TO FIND THE CLINIC CLOSEST TO YOU
OPEN 7 DAYS A WEEK
NO APPOINTMENT NEEDED

To Help Your School

- Bring this flyer to Xpress Wellness Urgent Care at time of physical.
- Return signed flyer to your Coach, Director or Athletic Director prior to September 30, 2026.

Student Name: _____

Sport(s): _____ Grade: _____

School: _____

School Address: _____

School City: _____ State: _____ Zip: _____

Xpress Wellness Provider Signature: _____ Date: _____

School Administrators: Please submit all completed sports physical flyers in one packet to your local Xpress Wellness Urgent Care by October 21, 2026.



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If you have any questions, contact us at wecare@xpwell.com.